



Fernie Early Childhood Development Programs

PROGRAMS AND RESOURCES FOR CHILDREN AGES 0-6

Bellies to Babies

Every 2nd Thursday afternoon 1:00-3:00
Fernie Women's Center - FREE
Whether you are pregnant or have a new baby, this is a great place to meet other moms. Lunch provided. Guest speakers discussing aspects of parenting & babies.
Contact: Women's Center 423-4687

Parent Tot Fun Times

Mondays 9:30-12:00
Community Centre
FREE drop in for children and parents
Parent Support Group, Rhyme Time, play and craft Time, snacks provided
Contact: ferncapc@cyberlink.bc.ca

Kindergym

Tue, Wed & Fri 10:00-11:00
Holy Family Center
Parent/Child activity for under 5 year olds
Games, climbing toys, plasma cars, stories, crafts and snack time.
Drop in fee \$6

Swimming Lessons

Under 3 - Parented Drop In or lessons for children ages 3 & up
Times vary
Contact: Aquatic Center 423-4466

StrongStart

Monday-Friday 9:00-12:00 (except no school Fridays & non-instructional days)
Isabella Dicken Elementary School
FREE Parent/Child interactive program for children aged 3-5 but younger children welcome. Crafts, games, puzzles, stories, snack and much more.

Fernie Public Library

Toddler time
FREE drop in program for children up to age 2
Wednesdays 11:15-noon
A playful, loosely structured introduction to the library filled with songs, rhymes & picture books.

Storytime
FREE drop in program for children aged 2-5
Tuesdays & Fridays 11:15-noon
An interactive program of songs, stories & crafts.
Contact: Fernie Library 423-4458

MOMS Group

Thursdays 9:30-11:30
Fernie Heritage Library
FREE drop in for parents and children
Guest speakers, coffee & snacks, great place to meet other parents/caregivers.
Separate area for children to sing, play, dance, listen to songs and do crafts. Childcare & snack provided.

AFRoS (L'Association Francophone des Rocheuses du Sud)

AFRos hosts l'heure du conte (storytime) twice monthly for ages 0-5.
Contact: francofernie@gmail.com or on their Facebook page

Breastfeeding Mamas

1st Friday of each month
Fernie Heritage Library
Peer support group for breastfeeding moms and pregnant women who want to breastfeed. Topics rotate each month.
Contact: 250-426-0299 or facebook.com/breastfeedingmamas



This website is a resource for parents and children in the East Kootenays. Click on "Fernie" to take you to a list of other programs, services and events happening in our community.

Find **Fernie Early Childhood Team on Facebook** for updates!!

For more information contact jodparker@shaw.ca



